

Winter 2018 Adult Classes

- **Intro to Ballet:**
Recommended for students with little or no dance training.
- **Ballet 1:**
Recommended for students with a minimum of one year of classical ballet experience. Students should have a basic understanding of the exercises that comprise a simple ballet barre.
- **Ballet 2:**
Recommended for students with a minimum of two years of classical ballet experience.
- **Ballet 3:**
Recommended for students with a minimum four years of classical ballet technique.

Tuition

* Tuition: 6 Classes \$120, 12 classes \$215.00, 20 Classes \$320.00, Trial Class \$20, Single Classes \$25
 Military & College Student Rate: 5 Classes \$75.00, 8 classes \$110.00
 *Class cards are non-refundable and expire five months after date of purchase.

****New this year! ABC (Adult Ballet Conditioning)**

This unique 30-minute conditioning class works on strengthening feet, legs and core muscles. The class will help students to recognize and use the appropriate muscles needed for ballet training. It is recommended for all levels. Tuition: \$60

Winter 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Ballet 2 11:30 a.m. - 1:00 p.m. Galdy				Ballet 2/3 10:00 - 11:30 a.m. Yang
Ballet 3 7:00 – 8:30 p.m. van Dorsten Intro to Ballet New! 7:30 - 9:00 p.m. Jonson	Ballet 1 7:30 – 9:00 p.m. Jonson ABC 9:00 – 9:30 p.m. Jonson	Intro to Ballet 7:30 - 9:00 p.m. Jonson	Ballet 2 7:30 - 9:00 p.m. Jonson		