

The Raleigh School of Ballet, Inc.

School Director, Susan Carlin Galdy School Director, Mary LeGere
3921 Beryl Road – PO Box 33804 – Raleigh, NC 27636
Telephone: (919) 834-9261 email: info@raleighballet.com
www.raleighballet.com

Welcome to The Raleigh School of Ballet's Adult Program

Thank you for purchasing an Adult Class Card.

- This card is kept on file in the RSB office and is good for five months from the date of purchase.
- Cards are not refundable
- When you come to class you will stop by the office and ask for your card.
- Your card will be dated, and handed to you to present to the teacher of the class. The teacher will return the card to the office after class

In keeping with the tradition of a disciplined ballet environment and in order to run our adult classes as smoothly and efficiently as possible we ask that you abide by the following policies and procedures:

- If you are running late please call (919) 834-9261 to let us know. Sometimes office staff is unavailable and we need to lock the door. If we know you are running late we will wait to do that.
- If you arrive after the class has started please wait until between exercises to enter the classroom.
- Please take all valuables into classroom.
- Please remember to silence or turn off cell phones.
- Please let the teacher know if you have an injury that she/he should be aware of.
- NO GUM, food, or drinks (except water bottles) are allowed in the classroom or dressing room.
- Adult students should wear class attire that is comfortable, non-constricting and allows freedom of movement. It important to wear something that you feel good wearing. Remember, the less extra articles of clothing you wear, the easier it is for the teacher to provide correction.

Ballet Attire

Women: We recommend solid colored leotards, pink or black tights or yoga pants or leggings. Skirts and leg warmers may be worn, and a light sweater or over-shirt. Ballet slippers are required.

Men: We recommend black tights or fitted sweat pants, and a plain colored t-shirt. Ballet slippers and a dance belt are required.

Ballet Class Etiquette

There's really no talking in ballet classes, whether you are a child starting out or a grown-up dancing for fun. It is ninety minutes to focus on yourself and your training. It's the same quiet calm as a yoga class, although a good teacher will include a few well placed laughs. A good ballet class has a quiet courteous atmosphere.

We hope you enjoy your classes and please do not hesitate to contact us if you have any questions or concerns.

Susan Galdy & Mary LeGere
School Directors