



The Raleigh School of Ballet

June Maintenance Attire & Distance Learning Guidelines and Instructions

DRESS REQUIREMENTS

- **Ballet & Pointe** - Plain, solid color leotard, non-shiny pink footed tights worn under leotard, pink ballet shoes, pointe shoes (for C & up) shoes, Short skirts may be worn at teacher's discretion. Hair must be secured in a neat bun with no bangs. Please no jewelry except non-dangling earrings.
- **Boys** - Black tights, white T-shirt (tucked in), white socks, and white ballet shoes.
- **Modern & Floor Barre**- Non-shiny pink or black footless tights and plain, solid color leotard. Hair in a neat bun or ponytail
- **Stretch/Strengthening**- shorts, or yoga pants may be worn over regular ballet attire

Preparing for class:

Within the limitations of your home environment, try to create a space that is conducive to taking a ballet class. This includes:

- A quiet area that is free from distractions. The area should be large enough for you to do a barre and non-traveling center work without hitting anything
- A sturdy object to be your barre
- Ballet & Modern - Hardwood, tile, linoleum or portable dance floor.
- Pointe Class: We recommend a portable dance floor
- Stretch & Strengthening - Rug or hardwood floor with yoga mat

Entering class:

