



# The Raleigh School of Ballet

## Pre-Ballet June Maintenance Attire & Distance Learning Guidelines and Instructions

### DRESS REQUIREMENTS

- **Girls** - Plain, solid color leotard, non-shiny pink footless tights (optional),. Hair must be secured in a neat ponytail. Please no jewelry except non-dangling earrings.
- **Boys** - Black bike shorts, white T-shirt (tucked in),

### Preparing for class:

Within the limitations of your home environment, try to create a space that is conducive to taking a ballet class. This includes:

- Providing a quiet area that is free from distractions. Parents are welcome to be in the room but it is best to keep siblings and pets in a different area
- Props: Pre-Ballet students should have a scarf, dish towel or napkin and an item that they can use to balance on their head such as a bag of beans, or rice, bean bag animal, or a small book. Items should be placed off to the side and only used during class at the teacher's direction. No other play items should be used during class
- Hardwood, tile or linoleum is better than a carpet.

### Entering class:

- When you login your child will enter the waiting room to be invited in by the teacher.
- Make sure your video and audio is enabled.
- Parents please help your child find the right spot to dance and adjust the Zoom screen. The

