

The Raleigh School of Ballet

Covid-19 In-studio training protocol and procedures

Before attending a class at RSB, we ask you to consider the following:

1. Have you attended a large gathering without social distancing?
2. Have you been in close contact with anyone who has been diagnosed with Covid -19?
3. Have you experienced a loss of smell or taste, had a persistent cough or sore throat, difficulty breathing, extremely sore muscles (not related to activity), extreme fatigue?

If you answer yes to any of these questions or have had a fever in the last 72 hours, please stay home until 14 days have passed or you have been cleared by your Doctor.

Daily:

- The building will be cleaned and sanitized, including barres, countertops, door knobs and other hard surfaces students may be in contact with.

Arrival:

- Drive by drop off - temperature will be taken with a non-contact thermometer by RSB staff while the student is still in the car. Students (staff or faculty) may not come into the building if they have temperatures above 100 degrees .
- Students enter the building through the front door. Each class will be given a specific entrance time.
- No parents, siblings or guests are allowed to remain in the building.
- Students (faculty/staff) are required to wear a clean mask and use a disinfecting gel or wash hands thoroughly upon entering the building.
- We will limit the number of students, faculty and staff in the building at any given time.
- We will limit the number of students in each classroom based on size/square footage and government regulations at any given time.
- Lobby/lounge area may only be used for pass-through, not for hanging out.
- Dressing room:
 - We may assign cubbies in the dressing room for students to leave their personal items. Alternately, students may leave personal items in a specific assigned spot at the front of the studio

- Students are encouraged to come dressed for the day.
- If need be, students will be allowed to change in Dressing room
- No more than 1 student will be allowed in the dressing room at a time.
- Students are not allowed to congregate in the dressing room
- During Class:
 - Students will have assigned spots marked to maintain proper social distance while at barre and center
 - Students entering the classroom will go directly to a designated/assigned barre spot
 - Students and faculty are required to wear a mask during class
- After class, before a new group of students uses the barres, they will be disinfected.
- Hydration:
 - Students must bring their own water bottle.
 - Water fountain will be used only for refilling water bottles. Mouth to faucet area will be covered up.
- Pick up:
 - If a child is not feeling well during class they will need to leave the class and be picked up immediately (they may not stay and observe class).
 - Students will exit the building by the side door and must leave the building and be picked up by their family within their class of the day.
 - If students need to wait a short time, they will be required to maintain appropriate social distancing on the side porch, ramp sidewalk.