

# The Raleigh School of Ballet

---

In-studio training protocol and procedures

# Before you arrive your first day:

You are required to sign an assumption of risk/waiver of liability /indemnification agreement before you attend classes.

Please consider the following questions. In the last 14 days:

Have you attended a large gathering without social distancing?

Have you been in close contact with anyone who has been diagnosed with Covid -19?

Have you experienced a loss of smell or taste, had a persistent cough or sore throat, difficulty breathing, extremely sore muscles (not related to activity), extreme fatigue?

If you answer yes to any of these questions or have had a fever in the last 72 hours, please stay home until 14 days have passed or you have been cleared by a doctor.

# Arrive with:

~Your leotard and tights on . Students will be allowed to go into dressing room 1 at a time, if changing is necessary,

~Filled Water bottle that may be refilled at touchless water fountain.

~Yoga mat -RSB's may not be used.

~Own hand sanitizer, if possible. RSB will have some on hand as well.

~Extra face mask

# Daily Arrival/Class procedure:

Drive by drop off. (no more than 15 minutes before class time) Student must remain in car until a staff member comes out to check temperature with non-contact thermometer.

RSB is not open to the public - only registered students may enter the building.

Students enter the building through front door, wearing a clean mask.

Students will clean/sanitize hands with sanitizer or thorough hand wash, and then proceed to assigned barre space in studio.

Students must stay at assigned spot during barre and center work.

Teachers and students must wear masks during class though students may be allowed “moments of relief” while waiting in the back when they can remove their masks briefly.

# Break times

---

Students are not allowed to eat in lobby, lounge or dressing room.

Students are not allowed to hang out in lobby, lounge or dressing room.

Door knobs and surfaces will be cleaned and disinfected throughout the day.

Students will be reminded to wash hands and or sanitize before and after classes.

# End of day/Picking up:

---

Parents will need to pick up students if they do not feel well .

At the end of class, students will gather their items and leave by the side door.  
Students must be picked up immediately at the end of class.

Parents must be on time and wait in car for students to exit.

Students are required to maintain social distance if parents are running late.

**Dancers are disciplined! We believe that by everyone following these guidelines, we are doing what we can to keep everyone safe and healthy!**